

# Craisins-Cherry Flavored

## Nutrition Facts

Serving Size: 100g

Serving per Container:

### Amount per Serving

Calories	320	Calories from Fat:	
% Daily Value *			
Total Fat	1 g		2 %
Saturated Fat	0 g		1 %
Trans Fat	0 g		
Cholesterol	0 mg		0 %
Sodium	25 mg		1 %
Total Carbohydrates	78 g		26 %
Dietary Fiber	3 g		12 %
Sugars	75 g		
Protein	0 g		

Vitamin A	15%	Vitamin C	60 %
Calcium	2%	Iron	0 %

\* Percent Daily Values are based on a 2,000 calorie diet.  
Your daily values may be higher or lower depending on  
calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram			
Fat	9	Carbohydrates	4
		Protein	4

Ingredients: Cranberries, Sugar, Sunflower Oil,  
Cherry Natural Flavor WONF