

Pepper-Chili

Nutrition Facts

Serving Size: 100g
 Serving per Container: n/a

Amount per Serving

Calories	415	Calories from Fat:	
		% Daily Value *	
Total Fat	14 g	22 %	
Saturated Fat	~ g	~ %	
Cholesterol	0 mg	0 %	
Sodium	10 mg	0 %	
Total Carbohydrates	58 g	19 %	
Dietary Fiber	16 g	64 %	
Sugars	~ g		
Protein	14 g		
Vitamin A	1036%	Vitamin C	107 %
Calcium	10%	Iron	55 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on calorie needs.			
	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram			
	Fat	9	Carbohydrates 4 Protein 4

Ingredients: Chili Peppers

*The values listed above represent data collected from our suppliers and/or the USDA National Database for Standard Reference, Release 19 (2006), to the best of our knowledge, we believe them to be accurate.